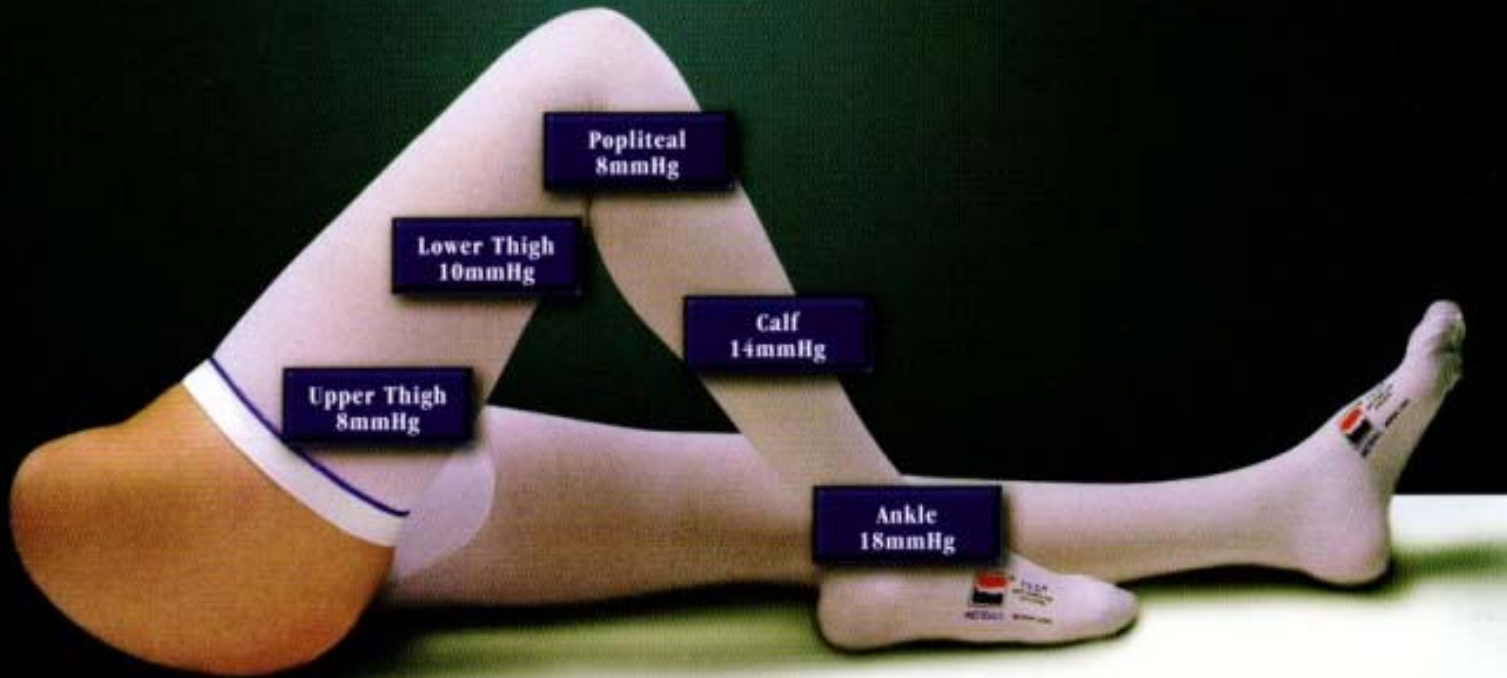


T.E.D.[®] Anti-Embolism Stockings



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Look for the T.E.D. symbol for proven efficacy

Patient Education

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WHY DO I NEED T.E.D. ANTI-EMBOLISM STOCKINGS?

T.E.D. Anti-Embolic Stockings reduce the threat of blood clots in your legs.

Blood clots can form in anyone, but the threat of their formation is much greater during a hospital stay. Why? Because the muscles are inactive during prolonged bed rest. As a result, your blood circulation in the legs is slower than normal — and this creates a condition that can lead to blood clot formation, and may prolong hospital stay.

T.E.D. Anti-Embolic Stockings improve blood circulation in the legs by applying graduated compression.

T.E.D Anti-Embolic Stockings should be worn throughout your hospital stay, both night and day except when showering or bathing.

Studies have shown that the risk of developing blood clots can continue after you leave hospital. As the risk continues so should the protection.

There are some precautions you should take to ensure that the T.E.D. Anti-Embolic Stockings will perform the job they were designed to do.

- Do not turn down the top of the stocking.
- For thigh length, the stitch change (change in fabric sheerness) should fall between 2.5cm and 5cm below the bend in the knee.
- For knee length stockings, do not cover the lower portion of the knee.



T.E.D. Stocking Contraindications.

Stockings may not be recommended for patients with the following (Ask your doctor):

1. Any leg condition in which stockings would interfere, such as: **a.** Dermatitis (skin problems) **b.** Vein Ligation (recent leg surgery) **c.** Gangrene **d.** Recent skin graft.
2. Severe vascular diseases, such as arteriosclerosis (hardening of the arteries) that cause poor circulation to the leg.
3. Massive oedema (swelling) of the legs, or pulmonary oedema (fluid in the lungs) from congestive heart failure.
4. Extreme deformity of the leg.

IMPORTANT: These stockings are only to be worn on the advice of your doctor and for the time period recommended.

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- ① Measure calf circumference at the greatest portion to determine the size of the stocking required.
- ② Measure the distance from the bend of the knee to the base of the heel to determine the length of the stocking required. (If possible, measure in standing position).



T.E.D. KNEE LENGTH ANTI-EMBOLISM STOCKINGS

With Open Toe (White Only)

- Designed to reduce venous stasis below the knee when thigh length styles are medically contraindicated;
- Correct graduated compression helps ensure optimum blood flow velocity;
- Inlay circumferential knit helps assure a proper pressure pattern and helps to prevent slippage;
- Contoured seamless construction eliminates harsh ridges which might cause constriction;
- Specially designed knee band minimises slippage without constricting circulation;
- Wide range of sizes facilitates proper fit for correct compression pattern;
- Inspection toe opening provides easy access for medical examination.

① Calf Circumference	② Leg Length	
X-LARGE Greater than 44.5cm to 50.8cm	X-LARGE REGULAR Code: 7604 Less than 45.7cm	X-LARGE LONG Code: 7802 45.7cm or greater
LARGE Greater than 38.1cm to 44.5cm	LARGE REGULAR Code: 7203 Less than 45.7cm	LARGE LONG Code: 7594 45.7cm or greater
MEDIUM Greater than 30.5cm to 38.1cm	MEDIUM REGULAR Code: 7115 Less than 43.2cm	MEDIUM LONG Code: 7480 43.2cm or greater
SMALL Less than 30.5cm	SMALL REGULAR Code: 7071 Less than 40.6cm	SMALL LONG Code: 7339 40.6cm or greater



**Sizing TED Stockings
Knee Length**

- 1 Measure calf circumference at the greatest portion to determine the size of the stocking required.
- 2 Measure the distance from the bend of the knee to the base of the heel to determine the length of the stocking required. (If possible, measure in standing position).



TED. ANTI-EMBOLISM STOCKINGS
For Continuing Care and Travel with Closed Toe
(White, Beige and Black)

(Select TE.D. Anti-Embolism Stockings with Open Toe for use in Hospital)

- Knee length compression stockings in beige, black or white designed for continued care of the recuperating patient;

- Provide graduated compression clinically proven to reduce thromboembolic disease;

- Closed toe for comfort.

1 Calf Circumference	2 Leg Length	
X-LARGE Greater than 44.5cm to 50.8cm	X-LARGE REGULAR Less than 45.7cm	X-LARGE LONG 45.7cm or greater
	2095 White Closed Toe 3005 Beige Closed Toe 3015 Black Closed Toe	5035 White Closed Toe 5045 Beige Closed Toe 5055 Black Closed Toe
LARGE Greater than 38.1cm to 44.5cm	LARGE REGULAR Less than 45.7cm	LARGE LONG 45.7cm or greater
	2035 White Closed Toe 2045 Beige Closed Toe 2055 Black Closed Toe	4029 White Closed Toe 4039 Beige Closed Toe 4049 Black Closed Toe
MEDIUM Greater than 30.5cm to 38.1cm	MEDIUM REGULAR Less than 43.2cm	MEDIUM LONG 43.2cm or greater
	1077 White Closed Toe 1087K Beige Closed Toe 1097 Black Closed Toe	3118 White Closed Toe 3128 Beige Closed Toe 3138 Black Closed Toe
SMALL Less than 30.5cm	SMALL REGULAR Less than 40.6cm	SMALL LONG 40.6cm or greater
	1046K White Closed Toe 1066 Beige Closed Toe 1076 Black Closed Toe	3035 White Closed Toe 3045 Beige Closed Toe 3055 Black Closed Toe

Note: 1 When thigh circumference is 63.5cm or less.

2 Calf Circumference	3 Leg Length		
LARGE Greater than 38.1cm to 44.5cm	LARGE SHORT Code: 3634LF Less than 73.7cm	LARGE REGULAR Code: 3728LF 73.7cm to 83.8cm	LARGE LONG Code: 3856LF Greater than 83.8cm
MEDIUM Greater than 30.5cm to 38.1cm	MEDIUM SHORT Code: 3310LF Less than 73.7cm	MEDIUM REGULAR Code: 3416LF 73.7cm to 83.8cm	MEDIUM LONG Code: 3549LF Greater than 83.8cm to 44.5cm
SMALL Less than 30.5cm	SMALL SHORT Code: 3071LF Less than 73.7cm	SMALL REGULAR Code: 3130LF 73.7cm to 83.8cm	SMALL LONG Code: 3222LF Greater than 83.8cm

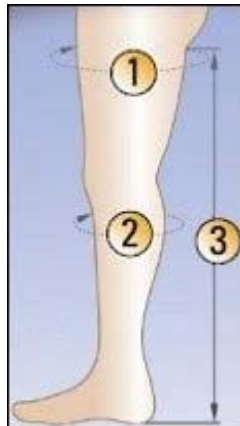


T.E.D. THIGH LENGTH With Open Toe (White Only)

(Select TE.D. Anti-Embolism Stockings with Open Toe for use in Hospital)

Sizing TED Stockings Thigh Length & Thigh Length with Belt

- 1 Measure upper thigh circumference at the gluteal furrow to determine the style of stocking required. (See NOTE)
- 2 Measure calf circumference at the greatest portion to determine the size of the stocking required.
- 3 Measure the leg length from the gluteal furrow to the base of the heel to determine the length of the stocking required. (If possible, measure in standing position).



! IMPORTANT NOTE:

- When thigh circumference measures 63.5cm and under, select options of Thigh Length or Thigh Length with Belt styles.
- When thigh circumference measures between 63.5cm and 81.3cm, select X-Large Thigh Length with Belt style only.
- When thigh circumference measures greater than 81.3cm, select Knee Length style.

- Thigh High compression stockings in white only designed for continued care of the recuperating patient;
- Provide graduated compression clinically proven to reduce thromboembolic disease;
- Inspection toe opening provides easy access for medical examination.

Note: 1 When thigh circumference is 63.5cm or less.

2 Calf Circumference	3 Leg Length		
LARGE Greater than 38.1cm to 44.5cm	LARGE SHORT Code: 5707 Less than 73.7cm	LARGE REGULAR Code: 5822 73.7cm to 83.8cm	LARGE LONG Code: 5943 Greater than 83.8cm
MEDIUM Greater than 30.5cm to 38.1cm	MEDIUM SHORT Code: 5417 Less than 73.7cm	MEDIUM REGULAR Code: 5533 73.7cm to 83.8cm	MEDIUM LONG Code: 5628 Greater than 83.8cm
SMALL Less than 30.5cm	SMALL SHORT Code: 5194 Less than 73.7cm	SMALL REGULAR Code: 5213 73.7cm to 83.8cm	SMALL LONG Code: 5324 Greater than 83.8cm

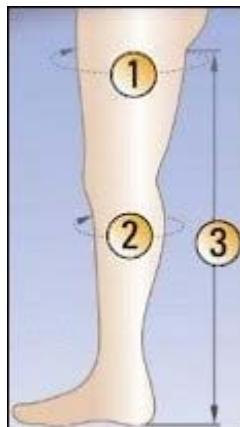


**T.E.D. THIGH LENGTH
With Closed Toe (White Only)**

(Select TE.D. Anti-Embolism Stockings with Open Toe for use in Hospital)

**Sizing TED Stockings
Thigh Length & Thigh Length with Belt**

- 1 Measure upper thigh circumference at the gluteal furrow to determine the style of stocking required. (See NOTE)
- 2 Measure calf circumference at the greatest portion to determine the size of the stocking required.
- 3 Measure the leg length from the gluteal furrow to the base of the heel to determine the length of the stocking required. (If possible, measure in standing position).



! IMPORTANT NOTE:

- When thigh circumference measures 63.5cm and under, select options of Thigh Length or Thigh Length with Belt styles.
- When thigh circumference measures between 63.5cm and 81.3cm, select X-Large Thigh Length with Belt style only.
- When thigh circumference measures greater than 81.3cm, select Knee Length style.

- Thigh High compression stockings in white only designed for continued care of the recuperating patient;
- Provide graduated compression clinically proven to reduce thromboembolic disease;
- Closed toe for comfort.

2 Calf Circumference

3 Leg Length

Note: 1 When thigh circumference is from 63.5cm to 81.3cm.

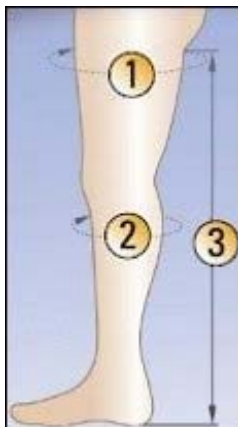
X-LARGE Greater than 38.1cm to 44.5cm	X-LARGE REGULAR Code: 3922 Less than 72.4cm	X-LARGE LONG Code: 3995 72.4cm or greater

Note: 1 When thigh circumference is less than 63.5cm.

LARGE Greater than 38.1cm to 44.5cm	LARGE REGULAR Code: 3221 Less than 73.7cm	LARGE LONG Code: 3523 73.7cm or greater
MEDIUM Greater than 30.5cm to 38.1cm	MEDIUM REGULAR Code: 3144 Less than 72.4cm	MEDIUM LONG Code: 3449 72.4cm or greater
SMALL Greater than 25.4cm & less than 30.5cm	SMALL REGULAR Code: 3039 Less than 72.4cm	SMALL LONG Code: 3364 72.4cm or greater
EXTRA SMALL Less than 25.4cm	X-SMALL REGULAR Code: 3306 Less than 71.1cm	X-SMALL LONG Code: 3320 71.1cm or greater

**Sizing TED Stockings
Thigh Length & Thigh Length with Belt**

- 1 Measure upper thigh circumference at the gluteal furrow to determine the style of stocking required. (See NOTE)
- 2 Measure calf circumference at the greatest portion to determine the size of the stocking required.
- 3 Measure the leg length from the gluteal furrow to the base of the heel to determine the length of the stocking required. (If possible, measure in standing position).



! IMPORTANT NOTE:

- When thigh circumference measures 63.5cm and under, select options of Thigh Length or Thigh Length with Belt styles.
- When thigh circumference measures between 63.5cm and 81.3cm, select X-Large Thigh Length with Belt style only.
- When thigh circumference measures greater than 81.3cm, select Knee Length style.



**T.E.D. THIGH LENGTH ANTI-EMBOLISM STOCKING
With Belt and Open Toe (White Only)**

- Designed to reduce venous stasis in the entire leg;
- Correct graduated compression from ankle to upper thigh helps ensure optimum blood flow velocity;
- Inlay circumferential knit helps assure a proper pressure pattern and helps to prevent slippage;
- Contoured seamless construction promotes comfortable fit without the constriction caused by harsh seams and ridges;
- Waist band and side panels minimise slippage;
- One-piece, snap-on belt is easily adjustable;
- Pressure break protects critical popliteal area and promotes free leg movement;
- Distinctive stitch pattern in knee area assists in correct positioning;
- Defined heel pocket facilitates application and assures correct stocking placement;
- Inspection toe opening provides easy access for medical examination.

Applying T.E.D.® Anti-Embolism Stockings

Please Note

The seam on the gusset must remain on the outside of the stocking - the smooth side goes next to your skin.

There is no right or left stocking - the stockings fit either leg.

A small amount of talcum powder may be used on your legs to help slide the stockings into the correct position

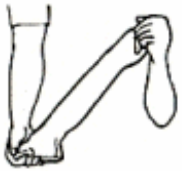
By following these basic steps T.E.D. Anti-Embolism Stockings are easily applied.



Insert hand into stocking as far as the heel pocket.



Stockings should be applied so that the upper hem rests at the top of leg. Be sure the side panels are at hip bone and seams are flat against the body.



Grasp centre of heel pocket and turn stocking inside (fit to heel area).



Carefully position stocking over foot and heel. Be sure heel is centered in heel pocket. Pull a few centimeters of the stocking up around the ankle and calf.



Continue pulling the stocking up the leg. The stitch change (change in fabric sheerness) should fall between 2.5cm and 5cm below the bend of the knee.



As thigh portion of the stocking is applied, start rotating stocking inward. Gusset panel is placed slightly towards the inside of the leg.

Keeping stitch change and upper thigh hem in place smooth out any excess material with palms of hands. Pull the toe section forward to smooth ankle and allow for toe comfort.

To attach the belt

Unfold the waist belt and place it around your waist. The smooth side of the belt should rest against your skin. Fasten the belt snaps to the stocking. Connect waist buckle and adjust waist belt so that it is sufficiently firm to hold stockings in place, yet comfortable.

To adjust the belt

To fasten the buckle, thread the belt up through opening with teeth and down through middle opening.

To tighten the belt, pull forward through buckle.

To lock the buckle, bring loose end of the belt up under prongs. Belt must be worn at all times.

Please take time to make sure the stockings are on correctly and feel comfortable.

Laundering and Care

Properly sized stockings need to be removed daily during bathing to inspect the condition of your skin. Do not leave stockings off for more than 30 minutes.

Stockings should be washed every 2 to 3 days unless soiled.

Laundering increases length of Wear by removing bodily secretions from the elastic threads. Keep the Stockings free from ointments, oils, lanolin, and similar substances which may deteriorate elastic.

Follow these simple instructions for laundering:

1. May be washed in commercial washers with other “light” goods.
Water temperature should not exceed 71°C (160°F). Avoid excessive bleach.
2. May be dried in commercial dryers with temperature going from that of the wet wash to a maximum of 121 °C (250°F) over a time period of 15 to 20 minutes.
Remove from the dryer when cycle is completed as temperatures rise sharply when load is dry.
Prolonged heat can reduce the wear life.

With correct care, T.E.D. Anti-Embolism Stockings last up to 3 months, (approximately 30 washings).

