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BODYPLUS[®]

PRODUCT CATALOGUE

MAY 2008

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The BODY PLUS® sports medicine range incorporates products of high quality materials that have been designed with the assistance of health professionals for sports, rehabilitation or injury prevention.

Most of our braces are made in Australia or NZ to ensure both quick response to pharmacy demand and relevance to this market.

The Body Plus® sports medicine range includes a number of distinct categories:

- **One Size Fits All (OSFA)**
- **Premium Elastic Braces**
- **Premium Thermo (Chloroprene) Braces**
- **Sports Tapes**
- **Hot & Cold Packs**

One Size Fits All (OSFA) – Premium Thermo Braces

Launched in August 2007, the new range of BODY PLUS® “One Size Fits All” (OSFA) braces is manufactured using 3 mm lined chloroprene. It has a multi directional stretch and is designed for optimal comfort by reducing bulk.

The surface fabric is designed to form a loop for the velcro hooks. This provides for superior fit as the fastener can be adjusted for personal shape and tension preferences without the additional seams and structure associated with a velcro loop panel. The specially developed fabric is pill resistant for longevity and appearance.

The binding has some stretch characteristics for flexibility and is extremely soft and comfortable against the skin. The nylon lining fabric, in the distinctive green colour is quick drying and wicks moisture away from the skin for additional comfort.

The OSFA range is available in two outer colours (black and beige) and comes in 9 varieties of brace which account for over 95% of thermo sports brace requirements.

An “eXtra” large OSFA size has been included in key items of the range for the larger person or for high body bulk.

Premium Elastic Braces

BODY PLUS® Premium Elastic Braces provide reliable support with exceptional comfort. They are made from washable rayon, cotton and elastic material. Made in Australia, Premium Elastic Braces are designed using lighter tension at the edges to eliminate binding and cutting.

Premium Thermo (Chloroprene) Braces

BODY PLUS® Thermo Braces feature a 4mm, high density closed cell chloroprene fabric covered with a jersey fabric for comfortable compression and support. The fabric is very effective in retaining body heat without trapping perspiration.

These therapeutic aids are ideal for the treatment of soft tissue injuries such as sprains and strains and the temporary relief of rheumatic and arthritic pain.

Sports Tapes

BODY PLUS® Sports Tapes feature high quality cotton fabric coated with a strong adhesive which will limit movement of joints during sporting activities and routine rehabilitation exercise. Designed for protection from injury by providing support and rigidity.

Available in 2.5 cm, 3.8 cm and 5 cm widths in 13.7 meter rolls.

Hot & Cold Packs

Reusable hot and cold packs provide either cold or hot therapy for the treatment of pain or injury. These packs are reusable, microwavable and freezable.

ONE SIZE FITS ALL (OSFA)



BACK SUPPORT

Retains body heat in the lower back and aids circulation. Can provide relief from lower back pain due to muscle spasm, sciatica, disc and joint injuries. Mechanically supports the muscles and joints of the lower back and encourages lower back stability.

CODE	PRODUCT	SIZE	COLOUR
BP7600	Back Support	OSFA	Beige
BP7660	Back Support	eXtra Large	Beige

AVAILABLE COLOURS

BEIGE

eXtra large



THIGH SUPPORT

Retains body heat in the thigh area aiding circulation. Can provide pain relief for thigh and hamstring muscle spasm and strains as well as 'corked thighs' (haematomas). Mechanically supports the muscles of the thigh and encourages efficient movement. Contour design for proper fit and support.

CODE	PRODUCT	SIZE	COLOUR
BP7300	Thigh Support	OSFA	Beige

AVAILABLE COLOURS

BEIGE



ELBOW SUPPORT

Retains body heat in the elbow area aiding circulation. Can provide pain relief for elbow pain, swelling, bursitis, tennis and golfers elbow.

CODE	PRODUCT	SIZE	COLOUR
BP7200	Elbow Support	OSFA	Beige
BP7210	Elbow Support	OSFA	Black

AVAILABLE COLOURS

BLACK BEIGE





WRIST/TENNIS ELBOW SUPPORT

Retains body heat in the supported area. When used for tennis elbow and golfers elbow it mechanically supports the tendons of the elbow reducing stress. The support should be placed at the level of the pain.

When used for the wrist it mechanically supports the wrist joint and increases wrist joint stability. It is recommended as a wrist support when the wrist is required to be bent, flexed and extended. It can assist in the treatment of a sprained wrist or RSI. The support features a tightening strap with Velcro fastener for full adjustability.

CODE	PRODUCT	SIZE	COLOUR
BP7700	Wrist/Tennis Elbow Support	OSFA	Beige
BP7710	Wrist/Tennis Elbow Support	OS FA	Black

AVAILABLE COLOURS



WRIST SPLINT SUPPORT

Retains body heat in the supported area. Partially immobilises the wrist to allow for healing of wrist joint sprains, forearm tendon strains and relief of arthritic wrist pain and RSI including carpal tunnel syndrome. The metal insert can be bent to desired angle. Removal of the metal insert results in less support and a graduated return to mobility.

CODE	PRODUCT	SIZE	COLOUR
BP7100	WristSplint Support Left	OS FA	Beige
BP7110	WristSplint Support Right	OSFA	Beige

AVAILABLE COLOURS



LEFT
RIGHT



ANKLE SUPPORT – WITH STRAP

Retains body heat in the supported area. Supports the ligaments of the ankle when used for treatment and relief of ankle sprains and can assist in the prevention of ankle injury. Additional strap provides enhanced support through either a 'figure 8' or the firmer 'heel lock' as illustrated.

CODE	PRODUCT	SIZE	COLOUR
BP7500	Ankle Support with Strap Beige	OS FA	Beige
BP7510	Ankle Support with Strap Black	OSFA	Black

AVAILABLE COLOURS





KNEE SUPPORT – CLOSED PATELLA

Retains body heat in the supported area and provides even compression for knee swelling and chronic arthritic knee pain when significant structural support is not required. Designed with reduced bulk behind the knee for comfort and support.

For injuries requiring structural support we recommend the knee stabiliser support.



KNEE SUPPORT – OPEN PATELLA

Retains body heat in the supported area and provides even compression for knee swelling and chronic arthritic knee pain when significant structural support is not required. The low bulk open patella design provides relief for knee pain by encouraging efficient patella tracking and eliminates direct contact pressure on the patella.

For injuries requiring structural support we recommend a knee stabiliser support.



KNEE STABILISER

Retains body heat in the supported area and provides even compression for knee swelling. The flexible metal stays, whilst still allowing for moderate movement, provide stabilisation for ligament and cartilage damage and relief for chronic arthritic knee pain. The low bulk open patella design provides relief for knee pain by encouraging efficient patella tracking and eliminates direct contact pressure on the patella.

CODE	PRODUCT	SIZE	COLOUR
BP7400	Knee Support – Closed Patella	OSFA	Beige
BP7410	Knee Support – Closed Patella	OSFA	Black
BP7460	Knee Support – Closed Patella	eXtra Large	Beige

AVAILABLE COLOURS



eXtra large



CODE	PRODUCT	SIZE	COLOUR
BP7140	Knee Support – Open Patella	OSFA	Beige
BP7141	Knee Support – Open Patella	OSFA	Black
BP7146	Knee Support – Open Patella	eXtra Large	Beige

AVAILABLE COLOURS



eXtra large



CODE	PRODUCT	SIZE	COLOUR
BP7240	Knee Stabiliser	OS FA	Beige
BP7241	Knee KneeStabiliser	OS	

AVAILABLE COLOURS





WRIST SPLINT BRACE

The Body Plus Wrist Brace with its removable metal splint and removable strap provides comfortable support of variable strength for painful, injured or weak wrists. This design is often suggested for post-cast or post-operative support and may also be recommended to prevent injuries to the heel of the hand. The brace is, by default, shaped to hold the hand at doctors' recommended 30 degree angle for correct healing, but this may be contoured by wearer, doctor or therapist to position the wrist and hand at other required angles. For carpal tunnel syndrome it is suggested that the brace should be straighter. The metal splint and removable strap may be removed for comfort and mobility as healing progresses.

Removable strap and splint provides four levels of support to aid recovery



Removable Strap

CODE	PRODUCT	WRIST SIZE (wrist circumference at the narrowest point cm)	FOREARM SIZE (Arm circumference 14 cm from the base of palm)
BP1131	Wrist Brace Splint Left Hand Small	Less than 16 cm	Less than 22 cm
BP1132	Wrist Brace Splint Left Hand Medium	16 - 18 cm	22 - 24 cm
BP1133	Wrist Brace Splint Left Hand Large	19 - 22 cm	25 - 28 cm
BP1134	Wrist Brace Splint Left Hand X-Large	More than 22 cm	More than 28 cm
BP1141	Wrist Brace Splint Right Hand Small	Less than 16 cm	Less than 22 cm
BP1142	Wrist Brace Splint Right Hand Medium	16 - 18 cm	22 - 24 cm
BP1143	Wrist Brace Splint Right Hand Large	19 - 22 cm	25 - 28 cm
BP1144	Wrist Brace Splint Right Hand X-Large	More than 22 cm	More than 28 cm

*If forearm measurement does not align with wrist measurement, use forearm measurement.

BEIGE

AVAILABLE COLOURS



Removable Metal Splint



BACK SUPPORT

Reduces the chance of back injuries by encouraging the body to move and lift correctly. Supports abdominal and lower lumbar muscles.

CODE	PRODUCT	SIZE
BP1120	Back Support Small to Medium	71 - 81 cm
BP 1121	Back Support Medium to Large	81 - 96.5 cm
BP 1122	Back Support Large to X-Large	96.5 - 119 cm

AVAILABLE COLOURS

BLACK



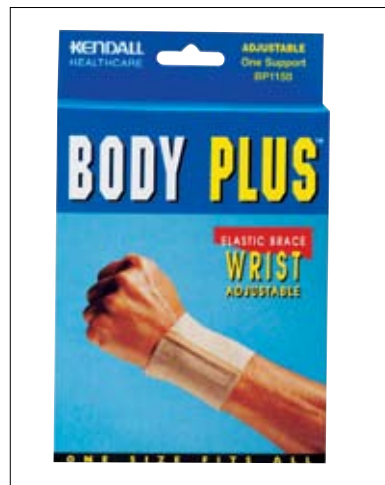
KNEE BRACE DELUXE

Exclusive 4-way action knee brace, which provides multidirectional support. (Washable)

CODE	PRODUCT	SIZE
BP1161	Knee Brace Deluxe Medium	32 - 37 cm
BP 1162	Knee Brace Deluxe Large	37 - 42 cm
BP 1163	Knee Brace Deluxe X-Large	42 - 47 cm

AVAILABLE COLOURS

BEIGE



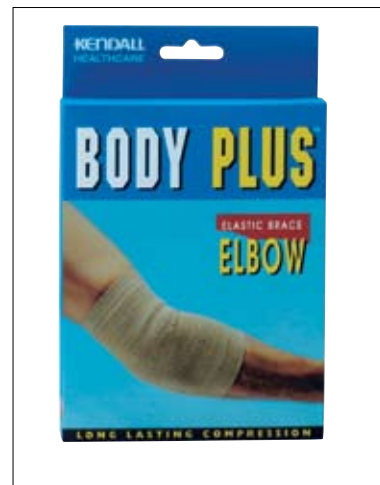
WRIST BRACE STANDARD ADJUSTABLE

Dual tension elastic provide the strongest compression and support with control and convenience. (Washable)

CODE	PRODUCT
BP1150	Wrist Brace Adjustable

AVAILABLE COLOURS

BEIGE



ELBOW BRACE

Provides firm comfortable support for swollen or painful elbow. Soft cotton elastic. (Washable)

CODE	PRODUCT	SIZE
BP1170	Elbow Brace Small	22 - 25 cm
BP1171	Elbow Brace Medium	25 - 28 cm
BP1172	Elbow Brace Large	28 - 31 cm
BP1173	Elbow Brace X-Large	31 - 34 cm

AVAILABLE COLOURS

BEIGE

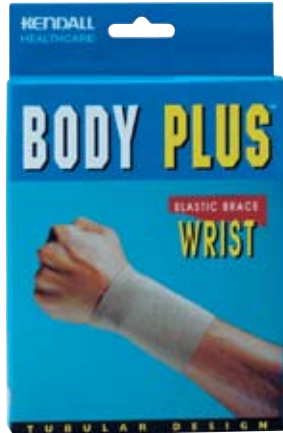
WRIST BRACE STANDARD

Complete piece of elastic slides over hand, gives relief and comfort to stiffness, swelling or pain. (Washable)

CODE	PRODUCT	SIZE
BP1180	Wrist Brace Standard Small	14 - 17 cm
BP1181	Wrist Brace Standard Medium	17 - 20 cm
BP1182	Wrist Brace Standard Large	20 - 23 cm
BP1183	Wrist Brace Standard X-Large	23 - 26 cm

AVAILABLE COLOURS

BEIGE



KNEE BRACE STANDARD

Elastic material, which gives support and aids stiff, swollen, painful knees caused by weakness or strain. (Washable)

CODE	PRODUCT	SIZE
BP1190	Knee Brace Standard Small	27 - 32 cm
BP1191	Knee Brace Standard Medium	32 - 37 cm
BP1192	Knee Brace Standard Large	37 - 42 cm
BP1193	Knee Brace Standard X-Large	42 - 47 cm

AVAILABLE COLOURS

BEIGE



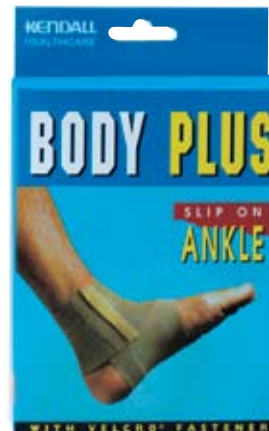
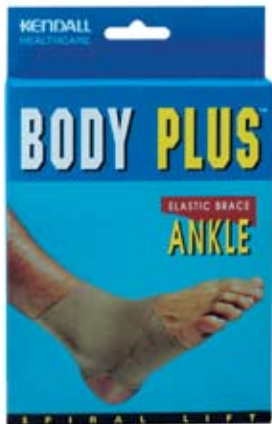
ANKLE BRACE SPIRAL LIFT

Dual tension brace designed to give two different degrees of tension in a single piece of elastic material. (Washable)

CODE	PRODUCT	SIZE
BP1200	Ankle Brace Spiral Lift Small	17 - 20 cm
BP1201	Ankle Brace Spiral Lift Medium	20 - 23 cm
BP1202	Ankle Brace Spiral Lift Large	23 - 26 cm
BP1203	Ankle Brace Spiral Lift X-Large	26 - 29 cm

AVAILABLE COLOURS

BEIGE



ANKLE BRACE SLIP ON

Easy fit ankle brace designed to 'step in' with fully adjustable velcro fitting. (Washable)

CODE	PRODUCT	SIZE
BP1240	Ankle Brace Slip On Small	17 - 20 cm
BP1241	Ankle Brace Slip On Medium	20 - 23 cm
BP1242	Ankle Brace Slip On Large	23 - 26 cm
BP1243	Ankle Brace Slip On X-Large	26 - 29 cm

AVAILABLE COLOURS

BEIGE

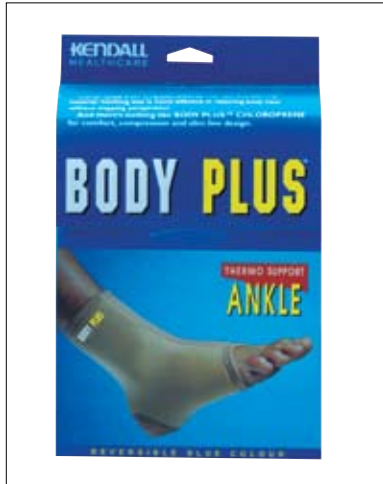
TENNIS ELBOW BRACE ADJUSTABLE

Firm support for management of pain & tenderness in the forearm. Used for relief in elbow strains.

CODE	PRODUCT
BP1210	Tennis Elbow Brace Adjustable

AVAILABLE COLOURS

BEIGE



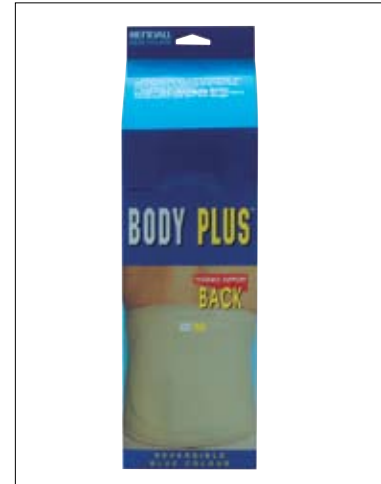
ANKLE SUPPORT

Retains body heat to warm the ankle and increase blood circulation. Open heel for comfort and support. (Washable)

CODE	PRODUCT	SIZE
BP1500	Ankle Support Small	18 - 22 cm
BP1501	Ankle Support Medium	22 - 25 cm
BP1502	Ankle Support Large	25 - 28 cm
BP1503	Ankle Support X-Large	28 - 32 cm

AVAILABLE COLOURS

BEIGE



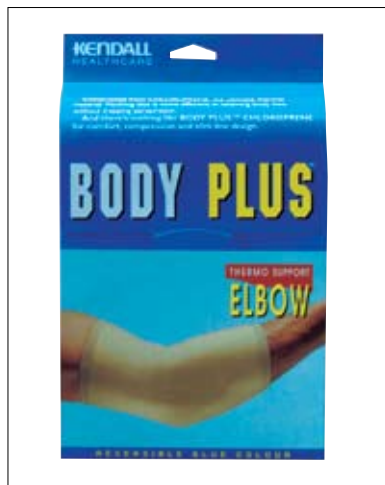
BACK SUPPORT

Retains body heat to warm lower back area and increase blood circulation to the area. (Washable)

CODE	PRODUCT	SIZE
BP1520	Back Support Small	70 - 80 cm
BP1521	Back Support Medium	80 - 90 cm
BP1522	Back Support Large	90 - 100 cm
BP1523	Back Support X-Large	100 - 110 cm

AVAILABLE COLOURS

BEIGE



ELBOW SUPPORT

Retains body heat to warm elbow area and increase blood circulation to the area. (Washable)

CODE	PRODUCT	SIZE
BP1530	Elbow Support Small	23 - 26 cm
BP1531	Elbow Support Medium	26 - 29 cm
BP1532	Elbow Support Large	29 - 32 cm

AVAILABLE COLOURS

BEIGE



KNEE SUPPORT

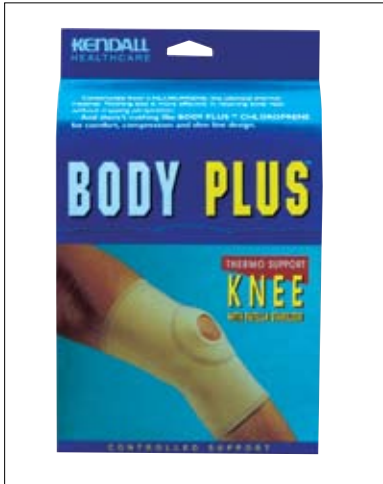
Retains body heat to warm the knee area and increase blood circulation, body contoured design for fit and support. (Washable)

CODE	PRODUCT	SIZE
BP1540	Knee Support Small	30 - 36 cm
BP1541	Knee Support Medium	36 - 40 cm
BP1542	Knee Support Large	40 - 44 cm
BP1543	Knee Support X-Large	44 - 52 cm

AVAILABLE COLOURS

BEIGE

PREMIUM THERMO (CHLOROPRENE) BRACES



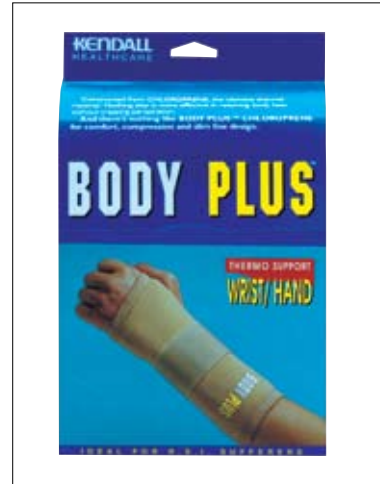
PATELLA KNEE SUPPORT

Reinforced padding around patella opening releases any pressure at kneecap. Supports and retains body heat to the knee area.

CODE	PRODUCT	SIZE
BP1560	Patella Knee Support Small	30 - 36 cm
BP1561	Patella Knee Support Medium	36 - 40 cm
BP1562	Patella Knee Support Large	40 - 44 cm
BP1563	Patella Knee Support X-Large	44 - 52 cm

AVAILABLE COLOURS

BEIGE



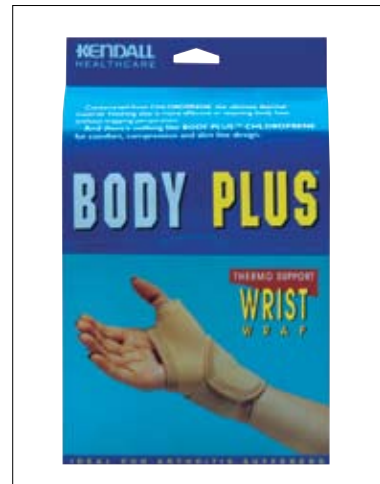
WRIST & HAND SUPPORT

Retains body heat to warm wrist and hand area. Fully adjustable contour design for comfort & support. Assists in the treatment of RSI.

CODE	PRODUCT	SIZE
BP1570	Wrist & Hand Support Small	13 - 17 cm
BP1571	Wrist & Hand Support Medium	17 - 20 cm
BP1572	Wrist & Hand Support Large	20 - 24 cm

AVAILABLE COLOURS

BEIGE



WRIST WRAP

Wrap around design with velcro closure for adjustability and optimum support. Retains heat to the wrist area.

CODE	PRODUCT	SIZE
BP1580	Wrist Wrap Small	13 - 17 cm
BP1581	Wrist Wrap Medium	17 - 20 cm
BP1582	Wrist Wrap Large	20 - 24 cm

AVAILABLE COLOURS

BEIGE



RIGID FLESH TAPE

All purpose lightweight tape with an aggressive adhesive. Ideal for sports medicine specialists. Ideal for sporting activities and routine rehabilitation exercise.

CODE	PRODUCT	SIZE
BP1399	Rigid Flesh Tape	2.5cm x 13.8m (box 12)
BP1402	Rigid Flesh Tape	3.8cm x 13.8m (box 8)
BP1403	Rigid Flesh Tape	5cm x 13.8m (box 8)



COLD-HOT PACK

Reusable, microwavable bag used for the treatment of pain or injury.

CODE	PRODUCT
BP1001	Cold-Hot Pack Regular
BP1002	Cold-Hot Pack Super

BODYPLUS[®]

tyco

Healthcare

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